



NEW ZEALAND
NURSES
ORGANISATION

TŌPŪTANGA
TAPUHI
KAITIAKI O AOTEAROA

Top of the South Regional Council Newsletter June 2021

**NZNO National Office
Membership Support Centre**
Phone: 0800 28 38 48
www.nzno.org.nz

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Organiser:
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Regional Council chairperson:
Joan Knight
Email: joan.knight@nmhs.govt.nz

**Membership Committee
representative:** Vacant

Te Rūnanga representative:
Vacant

NSU representative: Vacant

**NSU Te Runanga Taurira
representative:** Vacant

TOP OF THE SOUTH FORUM INVITATION



17th June 6-8pm NZNO Training Room Munro Building Nelson
24th June 6-8:30pm Arthur Wickes Seminar Centre Wairau
Hospital Blenheim

NZNO DHB MECA STRIKE ACTION

9th June 2021 - 11am to 7pm

Waimea Road Nelson

<https://fb.me/e/4oO0kx1EI>

&

March from Seymour Square Wairau

<https://fb.me/e/1upHjMLrk>

Please rally to demonstrate your support

Grants, Scholarships & Funding

Contact the Regional Administrator, Phone 546 7217 or visit www.nzno.org for more information about how to access funds to attend conferences and/or other training opportunities.

Organiser Retirement

Denise McGurk, NZNO organiser for aged care sector, PHC sector, Private hospital & Hospice, and Education sector has recently retired. Denise, prior to becoming an organiser, was a registered nurse working in the Emergency Department at Nelson Hospital. Her career had commenced in the early seventies as a nursing student at Nelson Polytechnic. Denise combined working and raising her family with husband Brian as they moved around the South Island finally settling in Nelson.

Denise was a previous Chair of the College of Emergency Nurses (CENNZ), NZNO delegate, Top of the South Regional Council member and Chair, and NZNO Board Member during her nursing career. In recognition of this Denise received an Award for her Services to NZNO.

On the retirement of previous organiser Jackie McGrath, Denise decided the time was right to extend her skills and was the successful applicant for the Top of South organiser role. Initially Denise worked across the DHB sector as well until the organiser hours were increased and redistributed meaning Denise was able to devote more time to the sectors and area's she has served so well over the last eight years.

Denise, we're sure, will be looking forward to spending more time with husband Brian, and her family even if by Skype. We thank her for all the hard work and long hours she has spent on behalf of members and wish her the very best wishes for the future.

MEMBER SUPPORT CENTRE

0800 28 38 48

Remember this is the one-stop shop, so to speak, for any queries about NZNO, professional practice, and industrial advice. Please ensure you also update NZNO when any of your details change, for example your name, your contact details, or your workplace.

Top of the South Regional Awards

Top of the South Regional Council was delighted to announce the first recipients of Regional Awards at our Annual Dinner Forum. The awards provide your opportunity to acknowledge those within our region who have contributed to further the work of NZNO and assisted their colleagues industrially and professionally or those whose actions have made a difference to nursing or midwifery care, improved the occupational health, welfare or practice environment of nurses or midwives.

Two recipients, Jane Whitlow and Chris Dennis, received the Service to NZNO Award.

Jane Whitlow, who received her award in person, was previous Paediatrics Nelson delegate for nearly twenty years, member and Vice Chair of Top of the South Regional Council for one term. Jane preferred to work behind the scenes a lot providing catering assistance for council events. She has always been passionate about social justice coming from a family well known in that area.

Chris Dennis, who was unable to come over from Wairau as she was on the Vaccination team, was previously delegate for Duty Nurse Managers NMDHB, member of and Vice Chair of Top of South Regional Council for one year. Chris was involved as an NZNO delegate in the Holidays Act repayment work with NMDHB. Chris will receive her award at the Wairau Forum on 24th June.

We thank both recipients for their dedication and work on behalf of members and NZNO.

The Regional awards will be awarded annually. Nominations will open again January 2022.

Representation on Council

Top of the South Regional Council Members:

Joan Knight (Chair), Carolyn Hannah (Vice Chair), Maria Briggs, and Jacki Nixey.

If you wish to contact your regional council, please phone/email Abby McWatt Regional Administrator 5467217 or Abby.McWatt@nzno.org.nz

Top of the South Annual Dinner Forum

The Honest Lawyer was the venue for a very lively dinner forum on the evening of 3rd May 2021. Local presenters included Maria Briggs and Carolyn Hannah describing their careers and their specialty areas of practice Diabetes and Special Care Baby Unit (SCBU).

Maria Briggs, Clinical Nurse Specialist Diabetes, talked about the latest developments in electronic implants and pumps for monitoring of blood sugar levels and insulin delivery. The service has recently undergone a review resulting in increased FTE to attempt to meet the increasing demand. Maria particularly emphasised the statistics showing the disproportionate rate of diabetes in Maori and the need to develop service delivery appropriate for Maori.

Carolyn Hannah, RN Special Care Baby Unit, described the increasing needs for this service regionally with not only local demand but with a waiting list of babies in national units for repatriation to home. The unit itself has had the same footprint for nearly twenty years and no longer has the capacity to house babies and parents comfortably. Carolyn brought home the reality of caring for such tiny babies by showing us the size of equipment used for airways and tiny hats provided for all by a dedicated group of local knitters.

Nushi Piccio, IQN RN in ATR Unit Nelson Hospital, shared her journey in nursing from the Philippines to Nelson. She completed a degree course as her first step to a nursing career but then as per local practise had to provide three months voluntary nursing in a hospital in the Philippines to complete this. Nushi then took the monumental step in her first foray from home to come to New Zealand to further her career. She described the financial requirements involved in completing required English Language Tests (\$250 per attempt and have to be repeated every two years) and the CAP course (\$9000), working in aged care for years to make ends meet and to pay for the courses, and the visa requirements to be able to work in New Zealand (FTE and income required to meet these). Working in aged care gave her the basic nursing care foundation that does not occur in hospitals in

the Philippines where all basic care needs are met by families.

Hikoi for Health presenters Kaiwhakahaere Kerri Nuku and Acting President Tracey Morgan

described their personal journeys in nursing and involvement in NZNO. Kerri shared a video presentation made for the annual hui as a way of “putting fire in the belly” of Maori nurses faced with the inequities that they, and Maori they cared for, face every day. The iconic picture of Dame Whina Cooper on her hikoi was particularly poignant. Here we are in 2021 and how far have we come?

Kerri and Tracey Morgan talked of how difficult it has been for them personally over the last year. They shared with us examples of the abuse that has been directed at them particularly via social media, and the effect this has had on their families.

It seems almost incomprehensible that members of the “caring profession” have acted in this way but through the anonymity of social media our leadership has been targeted. The only site where NZNO has control of content is their own NZNO official Facebook. Concerns had to be raised with Net safe and the Police as the targeting expanded and their personal security has been placed at risk.

We have a constitution and democratic processes outlined within that constitution which allow for all to participate in NZNO. Having a bicultural framework provides a safe zone for all of us. Members should step up and participate using all the avenues within NZNO to air issues rather than letting their fingers get ahead of their common sense on social media sites.

The evening culminated in regional award presentation. See article page 2.

Forum Cancellations

Council acknowledges their inability to deliver planned forums in February and March. We are a very small group and have no members of council from Wairau to assist in presenting there. There were few or no registrations received. We have committed to ensuring forums for June on both sides of the hill.

Top of the South Regional Convention 4/5/21

While attendee numbers (60 including guest speakers and staff) were down on last year, Top of South Convention had the second highest number of attendees in the country.

Technical glitches caused delay at the start of the day despite everything working perfectly on the run through the day before. Feedback showed that this did not impact on the overall positive impression of the day.

Poutama: Cultural Safety presented by Manny Down via Zoom included consideration of NZNO's bicultural relationship and provided guides to establishing trust relationships with Maori. He acknowledged the Te Whare Tapa Whā model of holistic health work of Sir Mason Durie and then presented a model based on the process of meeting on a marae which covers preparation, greeting, relationship, genealogy, hospitality, sovereignty, guardianship, and closing ceremony as a way to establish a trust relationship with Maori patients. This model along with the explanations will be a very helpful tool for all of us wherever we practice.

Presentations from NZNO staff on professional, industrial, and physical safety covered legal and ethical aspects of professional obligations and patient rights, outlined Health and Safety Legislation in respect to the workplace, and updated members on the state of play around negotiations in all sectors.

Case studies are always timely reminders to ensure we follow policies and protocols regarding healthcare and patient rights remembering our obligations and responsibilities under various Acts of Parliament and Nursing Council Code of Conduct.

"Hikoi for Health" panel discussion members were Rachel Boyack (Member of Parliament for Nelson via Zoom), Elaine Tyrrell QSM (Facilitator for H2H Hospital to Home Service for Stroke Foundation and NMDHB), Anne Hobby (Tumuaki Te Piki Oranga), and Dr. Nick Baker (Paediatrician and Chief Medical Officer NMDHB).

Boyack talked about the programmes the government is planning to improve healthy well being within the community including establishing Wellbeing Practitioners in every GP clinic and increasing funding for GP clinics to help reduce burnout.

Rachel reported that a report outlining the unsafe state of hospital facilities nationally particularly the George Manson building at Nelson Hospital has prompted more rapid movement on a new build here.

She included the latest announcement that district health boards will be disestablished, and their management will be delivered by the new entity Health New Zealand, and the establishment of a Maori Health Authority prioritising healthy wellbeing for Maori.

Rachel answered questions from the floor and acknowledged information previously provided to her when delegates from Nelson hospital met with her late last year. She took on board concerns that were raised and assured attendees that she will see that these are heard by relevant ministers.

Tyrrell spoke of all the voluntary effort that goes into health care delivery in the Top of the South. Elaine herself, although retired from NMDHB, continues to input through the Hospital to Home service, Faith Community Nursing, and other community services.

Lack of funding to maintain services is a concern for many voluntary organisations especially with additional training and regulatory expenses. The amount of voluntary effort that is sustaining the health of our community needs to be factored into any discussion on health funding as well.

Hobby talked of her journey and then discussed the differences for Maori and Iwi health providers, the depth of need in the community, the disparities that exist, and the new health agencies.

Statistics prove that health outcomes for Maori lag well behind other ethnic groups and the same can be said for areas which influence these outcomes such as housing and income. The hope is that with Maori directing health care for Maori there will be improved interaction and outcomes.

Baker's presentation "Care Unconstrained by Organisational Boundaries" recapped the evolution of healthcare delivery over the last forty years from Area Health Boards to the very latest Health New Zealand and Maori Health Authority.

Nick emphasised the need for a user/patient centric model connected by an "information spine" including integration and collaboration to provide a shared care person journey with convergence of design influence for equity and consistency across the country.

Nick added to the conversation around the Nelson Hospital rebuild. Attendees were happy to hear that there will be consultation although the basic process to achieve this is planned in stages as the rebuild will be on the existing site and the hospital must continue to function throughout this process.

Methamphetamine presented by Detective Sergeant Chris Roberts Drug Task Force Tasman District outlined the extent of this drug's manufacture and use within the community. Chris talked about the overall drug use and the insidiousness of hooking the young into heavier drug use.

He described how big a business it is particularly in New Zealand where the profit margin is 200% more due to higher prices within this country. 10 million dollars per week is consumed in New Zealand which equates to 10 million dollars in social harm. 70% of all fatal road crashes are from drugs mainly Methamphetamine.

Chris described the control of the drug market by gangs and the undercurrent of violence associated with this. He talked of the gangs moving away from traditional head quarters and moving into all areas of the district.

This presentation was the hot topic during after convention social time. Chris will be providing this presentation at forums in June, see flyer attached.

Membership Committee

Valerie Weir-Van Til, previous representative for Top of South, stepped up to present the power point outlining the committee's role and current projects.

Recently they have been investigating improving visibility and connections regionally and nationally within NZNO and merchandising availability.

Personal and work commitments of Regional Council members mean we have no ability to provide a representative. Again, we ask members to consider election to council to provide broader base representation on regional council and the possibility of being able to elect a new membership committee representative.

Leadership and Governance

Kerri Nuku, Kaiwhakahaere, and **Tracey Morgan**, Acting President, shared again current issues impacting on leadership at present. Please see Hiko for Health page 3 for further details.

Tracey explained that she declined stepping into the fulltime role of President, following the resignation of President Heather Symes, because of her work and whanau commitments. She will step up into the President role as necessary until the election process is complete.

They emphasised that the Board, despite all the changes, is united and the organisation is in good heart. The focus is to maintain a steady course for our NZNO waka remembering:

"He waka eke noa" We're all in this together.

Social and Networking Time

Though only a small number remained, very animated conversation occurred during social time. This was a good opportunity to debrief on the day's presentations and for council to get direct feedback from attendees. It also provided an open forum for opinions to be expressed.

Beachside, revamped conference centre at Tahuna, provided a return to a facility with adequate space for convention, dining, and the essential free parking. The reduced number of flights overhead meant less interruption than in the past.

Meetings and Activities

Date 2021	Meeting type (T=Teleconference; F= face-to-face)	Purpose of meeting (RC, Mgt Team, IND etc)	Location	Duration (i.e. 1 day, 1 hour)
11/03/21	F +T	AGM and Regional Council Meeting	Nelson Training Room	2 hours
15/04/21	F + T	Regional Council Meeting	Nelson Training Room	2 hours
03/05/21	F	Annual Dinner Forum	Honest Lawyer	3 .5 hours
04/05/21	F	Regional Convention	Beachside Convention Centre, Nelson	7 hours
17/06/21	F	Methamphetamine	Nelson Training Room	2 hours
24/06/21	F	Regional Council Meeting	Raupo's Café Blenheim	2 hours
24/06/21	F	Methamphetamine	Arthur Wickes Seminar Centre Wairau Hospital	2.5 hours
29/07/21	F + T/Zoom	Regional Council Meeting	Nelson Training Room	2 hours
05/08/21	F + T/Zoom	Remit Forum	Nelson Training Room	2 hours
09/09/21	F + T/Zoom	Regional Council Meeting	Nelson Training Room	2 hours
15/09/21	F/T	NZNO AGM	Wellington	
16/09/21	F/T	NZNO Conference	Wellington	
25/09/21	F	Forum TBC	Arthur Wickes Seminar Centre Wairau Hospital	2 hours
14/10/21	F	Regional Council Planning Meeting	Havelock	3 hours
11/11/21	F	Forum	Nelson TBC	2 hours
02/12/21	F + T/Zoom	Regional Council Meeting	Nelson Training Room	2 hours
02/12/21	F	Christmas Dinner	Nelson TBC	
XX/02/21	F + T/Zoom	Regional Council Meeting	Nelson Training Room	2 hours
XX/03/21	F + T/Zoom	Regional Council Meeting	Nelson Training Room	2 hours

Top of South Regional Council Forum Invitation



**Guest speaker: Detective Sergeant Chris Roberts,
Organised Crime Unit Tasman District NZ Police**

Date: 17th June 2021

Time: 6:00 pm to 8:00 pm

Venue 1: NZNO Training Room Munro Building Nelson

Professional Development Certificate for 2 hours provided

Date: 24th June 2021

Time: 6:00 pm to 8:30 pm

Venue 2: Arthur Wickes Seminar Room, Wairau Hospital, Blenheim

Professional Development certificate for 2.5 hours provided

Register now: abby.mcwatt@nzno.org.nz